



988

FLORIDA LIFELINE

Free | Available 24/7 | Confidential

Your story matters

Here to Listen

The 988 Florida Lifeline is a behavioral health support service that is free and available 24/7 for Floridians to call when looking to address their mental health concerns. Whether you're in a crisis, or just need someone to talk to, 988 is here to listen.

CALL, TEXT OR CHAT



TO GET HELP TODAY.

Learn more at 988FloridaLifeline.com



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LIFELINE**



**FLORIDA DEPARTMENT
OF CHILDREN AND FAMILIES**