



# 988

## FLORIDA LIFELINE

**Free | Available 24/7 | Confidential**

*Your story matters*

### Here to Listen

The 988 Florida Lifeline is a behavioral health support service that is free and available 24/7 for Floridians to call when looking to address their mental health concerns. Whether you're in a crisis, or just need someone to talk to, 988 is here to listen.

**CALL, TEXT OR CHAT**



**TO GET HELP TODAY.**

Learn more at [988FloridaLifeline.com](https://988FloridaLifeline.com)

