

Free | Available 24/7 | Confidential Your story matters

Here to Listen

The 988 Florida Lifeline is a behavioral health support service that is free and available 24/7 for Floridians to call when looking to address their mental health concerns. Whether you're in a crisis, or just need someone to talk to, 988 is here to listen.

Learn more at 988FloridaLifeline.com

CALL, TEXT OR CHAT

1988 = TO GET HELP TODAY.





