

# Make the Right Call

Reach out to these resources during times of disaster or mental health crisis to get immediate help.

## Disaster Support Resources

### Disaster Distress Helpline

Call 1-800-985-5990 or text "TalkWithUs" to 66746

### Activate Hope

Call 833-GET-HOPE (438-4673)

## Mental Health Crisis Resources

### Elder Helpline

Call 1-800-963-5337

### Florida Veterans Support Line

Call 1-844-693-5838

### First Responder Crisis Text Line

Text "Badge" to 741741

### 988 Florida Lifeline

Call, text, or chat 988

**You are never alone.**  
Make the right call for you and get the help you need.

Learn more at [988FloridaLifeline.com](https://www.988FloridaLifeline.com)

