

Make the Right Call

Reach out to these resources during times of disaster or mental health crisis to get immediate help.

Disaster Support Resources

Disaster Distress Helpline

Call 1-800-985-5990 or text "TalkWithUs" to 66746

Activate Hope

833-GET-HOPE (438-4673)

Mental Health Crisis Resources

Elder Helpline

Call 1-800-963-5337

Florida Veterans Support Line

Call 1-844-693-5838

First Responder Crisis Text Line

Text "Badge" to 741741

988 Florida Lifeline

Call, text, or chat 988

You are never alone.
Make the right call for you and get the help you need.

Learn more at [988FloridaLifeline.com](https://www.988FloridaLifeline.com)

